



Menu Week of December 14, 2009

(HM) = Homemade

*=Soy milk made available

Monday: Breakfast: Waffles with Syrup and Milk*
Lunch: Beef-a-Roni, Peas, Pineapples, Sliced Bread, and Milk*
Snack: Apple Cereal Bars and Juice

Tuesday: Breakfast: Rice Chex with Milk*
Lunch: Chicken Alfredo, Broccoli, Applesauce, Sliced Bread, and Milk*
Snack: Pretzels and Juice

Wednesday: Breakfast: Cream of Wheat with Milk*
Lunch: English Muffin Pizzas, Cheese, Mixed Vegetables, Fruit Cocktail, and Milk*
Snack: Granola Bars and Juice

Thursday: Breakfast: Blueberry Muffins and Milk*
Lunch: Chicken and Dumplings, Green Beans, Pears, Sliced Bread, and Milk*
Snack: Cheese Crackers and Juice

Friday: Breakfast: Cinnamon Raisin Bagels and Milk*
Lunch: Fish Sticks, Corn, Peaches, Sliced Bread, and Milk*
Snack: Trail Mix and Juice