



Menu Week of January 11, 2010

HM = Homemade

*Soy Milk Option Provided

Monday – Breakfast: Honey Bunches of Oats and Milk*

Lunch: Meatless Spaghetti (HM), Tossed Italian Salad, Sliced Melon, Garlic Bread, and Milk*

Snack: Blueberry Nutri Grain Bars and Juice

Tuesday- Breakfast: Strawberry Bagels and Milk*

Lunch: Cheesy Chicken (HM), Rotini, Brussel Sprouts, Tangelo Wedges, and Milk*

Snack: Granola Bars and Juice

Wednesday-Breakfast: Waffles and Syrup and Milk*

Lunch: Chili Dogs, Corn, Peaches, Rolls, and Milk*

Snack: Ants on a Log with Juice

Thursday-Breakfast: Toast and Strawberry Jam with Juice

Lunch: Smoked Sausage, Lima Beans, Pears, Sliced Bread, and Milk*

Snack: Crackers and Dried Apricots with Juice

Friday- Breakfast: Ms. Sadie's Famous Grits and Milk*

Lunch: Soft Beef Tacos (HM), Cheese, Salsa, Sour Cream, Green Beans, Apples, and Milk*

Snack: Jell-O with Fruit and Juice