



Menu Week of January 4, 2010

HM = Homemade
*Soy Milk Option Provided

Monday – *Breakfast*: Cinnamon and Sugar Toast with Juice and Milk*
Lunch: Lentil Soup, Cheese Bread, Peas, Fruit Cocktail, and Milk*
Snack: Chicken Biscuit Crackers and Juice

Tuesday– *Breakfast*: Scrambled Eggs with Hash Browns and Milk*
Lunch: Chicken Fettuccini Alfredo (HM), Cesar Salad, Golden Sliced Apples, Sliced Bread, and Milk*
Snack: Granola and Juice

Wednesday–*Breakfast*: Biscuits and Gravy and Milk*
Lunch: BBQ Chicken (HM), Collard Greens, Sliced Melon, Rolls, and Milk*
Snack: Cheese Crackers with Juice

Thursday–*Breakfast*: Raisin Bran and Milk* with Juice
Lunch: Beefy Mac and Cheese (HM), Butter Beans, Sliced Oranges, Sliced Bread, Milk*
Snack: Pretzels and Cheese Cubes with Juice

Friday– *Breakfast*: Ms. Sadie’s Famous Grits and Milk*
Lunch: Chicken Nuggets, Broccoli, Pineapples, Rolls, and Milk*
Snack: Trailmix and Milk