



## Menu Week of November 16, 2009

HM = Homemade  
\*Soy Milk Option Provided

*Monday – Breakfast:* Waffles and Syrup with Milk\*  
*Lunch:* Cheese Pizza (HM), Peas, Raisins, Muffins, and Milk\*  
*Snack:* Peanut Butter and Saltine Crackers and Juice

*Tuesday- Breakfast:* Rice Chex and Milk\* and Juice  
*Lunch:* Soft Tacos, Chili, Cheese, Mixed Vegetables, Sliced Apples, Tortilla Squares, and Milk\*  
*Snack:* Graham Crackers and Bananas and Juice

*Wednesday-Breakfast:* Toast and Jelly and Milk\*  
*Lunch:* Chicken Casserole, Stuffing, Green Beans, Peaches, and Milk\*  
*Snack:* Cheez Its with Orange Slices with Juice

*Thursday-Breakfast:* Fruity Yogurt and Milk\*  
*Lunch:* Salisbury Steak, Mashed Potatoes, Broccoli, Fruit Cocktail, and Milk\*  
*Snack:* Trailmix with Juice

*Friday- Breakfast:* Ms. Sadie's Famous Oatmeal and Milk\*  
*Lunch:* Chicken Nuggets, Corn, Pineapples, French Fries, and Milk\*  
*Snack:* Cookies and Milk