



Menu Week of November 30, 2009

HM = Homemade
*Soy Milk Option Provided

Monday – Breakfast: Corn Flakes with Milk*
Lunch: Tossed Lasagna, Tomatoes, Green Beans, Sliced Apples, and Milk*
Snack: Cheese Crackers and Juice

Tuesday- Breakfast: Cinnamon Toast and Juice
Lunch: Beanie Weenie, Mixed Vegetables, Fruit Cocktail, Sliced Bread, and Milk*
Snack: Graham Crackers and Bananas and Juice

Wednesday-Breakfast: Waffles and Syrup and Milk*
Lunch: BBQ Chicken, Mashed Potatoes, Peas, Peaches, and Milk*
Snack: Chewy Granola Bars with Juice

Thursday-Breakfast: Fruity Yogurt and Milk*
Lunch: Hamburgers on a Bun, Cheese, French Fries, Carrots, Oranges, Milk*
Snack: Peanut Butter and Saltines with Juice

Friday- Breakfast: Ms. Sadie’s Famous Oatmeal and Milk*
Lunch: Chicken Nuggets, Corn, Pineapples, Rolls, and Milk*
Snack: Trailmix and Milk