



Menu Week of November 9, 2009

HM = Homemade
*Soy Milk Option Provided

Monday – Breakfast: Raisin Bran with Milk* and Juice
Lunch: Tuna Casserole (HM), Peas, Fruit Cocktail, Sliced Wheat Bread, and Milk*

Snack: Tangerines and Saltine Crackers and Juice

Tuesday- Breakfast: Waffles and Syrup and Milk*
Lunch: Spaghetti with Meat Sauce, Tossed Salad, Sliced Apples, Garlic Bread, Milk*

Snack: Cheese Crackers and Juice

Wednesday-Breakfast: English Muffins and Jelly and Milk*
Lunch: Oven Fried Chicken, Mashed Potatoes, Green Beans, Applesauce, and Milk*

Snack: Granola Bars with Juice

Thursday-Breakfast: Cheesy Eggs and Milk*
Lunch: Cheese Burgers on a Bun, Tater Tots, Mixed Vegetables, Peaches, and Milk*

Snack: Cheerios with Raisins with Juice

Friday- Breakfast: Ms. Sadie’s Famous Cheese Grits and Milk*
Lunch: Fish Sticks, Corn, Pineapples, Sliced Wheat Bread, and Milk*

Snack: Nilla Wafers and Milk